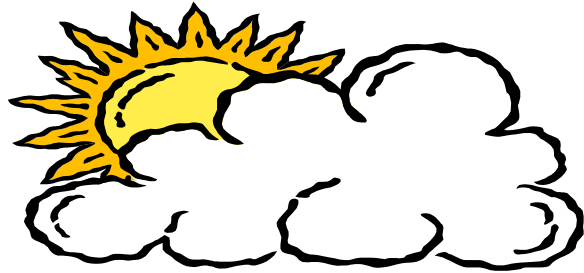


THE SKY-HIGH FIVE

MESSAGES

1. Change is constant.
2. Learning is ongoing.
3. Focus on the journey.
4. Follow your heart.
5. Access your allies.



THE SKY-HIGH FIVE - APPLIED

Apply the Sky-High Five Messages to your life by answering the following questions:

1) How has technology changed your home or school in the past few years?

2) Where else can you learn useful things besides in school?

3) What unexpected event (good or bad) has turned your life in a new direction?

4) If you could do, be, or have anything you wanted, what would it be?

5) Name at least three allies who can help you along life's path.